

EMBODY H.E.R.

PROGRAM AGREEMENT & TERMS AND CONDITIONS

This Program Agreement (“Agreement”) is between **Well of Radiance Holistic Wellness Center**, referred to as “Well of Radiance,” “Coach,” “Facilitator,” or “Program Provider,” and the individual enrolling in the Embody H.E.R. Program, referred to as the “Participant.”

By electronically accepting this Agreement and submitting payment, the Participant acknowledges that they have reviewed, understand, and agree to the following terms.

1. PROGRAM PURPOSE

Embodiment H.E.R. — Heal, Empower & Reclaim is a three-month coaching, personal development, education, and holistic wellness experience.

The program is designed to provide Participants with opportunities for self-reflection, personal development, accountability, education, and intentional growth.

The program may incorporate coaching conversations, journaling, mindfulness, guided meditation, reflection exercises, educational resources, personal development activities, community support, and applicable holistic wellness practices.

The Participant understands that personal growth is an individual process.

No specific personal, emotional, spiritual, relationship, financial, medical, or other outcome is promised or guaranteed.

2. THREE-MONTH COMMITMENT

The Participant understands that ***Embody H.E.R.*** is intentionally structured as a **three-month program** rather than individual, unrelated coaching sessions.

By enrolling, the Participant agrees to participate in the program for the full three-month term.

Choosing not to attend sessions, access course materials, participate in the online community, or complete program activities does not automatically cancel the Participant's enrollment or financial obligation.

3. PARTICIPANT COMMITMENT

The Participant agrees to approach ***Embody H.E.R.*** with openness, personal responsibility, respect, and honesty.

The Participant agrees to make reasonable efforts to:

- Attend scheduled coaching sessions
- Arrive prepared and on time
- Participate honestly and voluntarily
- Complete recommended reflection or integration activities
- Communicate questions and concerns
- Communicate personal boundaries
- Respect the experiences and privacy of others
- Take responsibility for personal decisions and choices
- Seek appropriate professional support when a need extends beyond the scope of coaching

The Participant retains the right to decline a particular activity, conversation, exercise, or optional holistic wellness practice.

4. COACHING SCOPE & PROFESSIONAL BOUNDARIES

The Participant understands that *Embodify H.E.R.* provides **coaching, education, personal development, and holistic wellness support.**

Coaching is not psychotherapy and is not a substitute for medical care, mental health counseling, psychiatric treatment, diagnosis, legal advice, financial advice, or other licensed professional services.

Participation in *Embodify H.E.R.* does not establish a physician-patient, psychotherapist-client, attorney-client, or similar clinical relationship.

When a Participant's needs fall outside the scope of the program, the Participant may be encouraged to seek assistance from an appropriately qualified or licensed professional.

5. EMOTIONAL WELLNESS

Personal development work can sometimes involve reflecting upon relationships, beliefs, boundaries, past experiences, grief, emotions, patterns, or other personally meaningful subjects.

The Participant understands that some conversations or exercises may feel emotionally challenging.

Participants are encouraged to communicate their boundaries and determine what level of participation feels appropriate.

Embodify H.E.R. does not provide crisis intervention or emergency mental health services.

If a Participant is experiencing an immediate medical or mental health emergency, appropriate emergency or licensed professional services should be contacted rather than relying on the Coach, program materials, community group, or coaching sessions for emergency assistance.

6. HOLISTIC WELLNESS SERVICES

Some *Embodify H.E.R.* experiences may include optional holistic wellness practices or services offered through Well of Radiance.

When a particular service requires an intake form, health screening, informed consent, contraindication screening, or service-specific waiver, the Participant must complete the appropriate documentation before receiving that service.

Enrollment in *Embodify H.E.R.* does not automatically mean that every holistic wellness service is appropriate for every Participant.

The Participant agrees to provide accurate information when completing required service-specific forms and to communicate relevant changes that could affect safe participation.

The Participant may decline an optional holistic wellness service.

7. PAYMENT TERMS

The Participant agrees to the program investment presented at the time of enrollment.

Program Investment: \$525

Payment in full or monthly Payment Plans are available.

Enrollment is not considered complete until the required Program Agreement and payment have been received.

Program access may be withheld until enrollment requirements are completed.

8. CANCELLATION & RESCHEDULING

Participants should provide at least **24 hours' notice** when requesting to reschedule an individual coaching or wellness appointment.

Appointments canceled with less than 24 hours' notice or missed without notice may be considered used and may not be eligible for rescheduling, except where otherwise agreed by Well of Radiance or required by applicable law.

If Well of Radiance must cancel or reschedule a session, reasonable efforts will be made to provide an alternative appointment.

Group sessions, workshops, live classes, or community activities may not be individually rescheduled when a Participant is unable to attend.

9. REFUND & EARLY WITHDRAWAL POLICY

Because *Embody H.E.R.* includes reserved coaching availability, program preparation, digital resources, materials, and access to program services, payments are generally **non-refundable after the program begins**, except where otherwise required by applicable law.

If the Participant voluntarily chooses to discontinue participation before completing the three-month program, amounts already paid will not automatically be refunded.

Any exceptional request for a refund, credit, transfer, or early release will be reviewed individually and must be approved in writing by Well of Radiance.

10. CONFIDENTIALITY

Well of Radiance will make reasonable efforts to protect information shared privately during individual coaching sessions, subject to applicable legal requirements and safety considerations.

The Participant understands that absolute confidentiality cannot be guaranteed when information is voluntarily shared in group environments, online communities, video meetings, or other spaces involving additional participants.

Participants agree to protect the privacy of other members.

Information, personal stories, screenshots, photographs, recordings, messages, or identifying details concerning another Participant should not be shared outside the program without that person's permission.

What is shared within the Embody H.E.R. community should be treated with care, dignity, and respect.

11. COMMUNITY AGREEMENT

The ***Embody H.E.R.*** community is intended to provide a respectful and supportive environment.

Participants agree to:

- Respect different experiences, beliefs, perspectives, and boundaries
- Protect the confidentiality of other participants
- Refrain from harassment, bullying, threats, or degrading communication
- Avoid pressuring another Participant to disclose personal information
- Avoid presenting personal opinions as medical or mental health diagnoses
- Refrain from unauthorized solicitation or promotion
- Honor another Participant's right to participate at their own comfort level

Serious or repeated violations may result in restricted access to community spaces or termination from the program, subject to the terms of this Agreement and applicable law.

12. TELEGRAM & THIRD-PARTY PLATFORMS

Embodify H.E.R. may utilize third-party platforms such as Wix, Telegram, Zoom, email, or similar services to provide program content and communication.

These platforms maintain their own privacy policies, security practices, and terms.

Well of Radiance cannot guarantee the security or privacy practices of independent third-party platforms.

Participants are encouraged to use discretion when sharing sensitive personal information electronically.

13. INTELLECTUAL PROPERTY

All original *Embodify H.E.R.* materials—including worksheets, videos, recordings, exercises, frameworks, meditations, presentations, written materials, graphics, course content, and other resources—remain the intellectual property of Well of Radiance Holistic Wellness Center unless otherwise stated.

Materials are provided for the Participant's **personal use only**.

Participants may not reproduce, distribute, publish, sell, teach, upload, commercially exploit, or otherwise share program materials without prior written authorization.

14. RECORDING, PHOTOGRAPHY & TESTIMONIALS

Participants may not record coaching sessions, group sessions, workshops, or other participants without prior authorization.

Well of Radiance will obtain appropriate permission before using a Participant's identifiable photograph, video, testimonial, personal story, or likeness for promotional purposes when consent is required.

Participation in *Embody H.E.R.* alone does not constitute consent for marketing use of a Participant's image or personal story.

15. VOLUNTARY PARTICIPATION & PERSONAL RESPONSIBILITY

Participation in *Embody H.E.R.* is *voluntary*.

The Participant is responsible for deciding whether and how to implement information, recommendations, exercises, practices, or personal development strategies discussed during the program.

The Participant is encouraged to communicate concerns, ask questions, honor personal boundaries, and seek appropriate professional guidance when necessary.

16. NO GUARANTEE OF RESULTS

Well of Radiance provides coaching, education, resources, support, and opportunities for reflection and personal development.

Results vary between Participants and depend upon numerous factors, including participation, individual circumstances, choices, consistency, and factors outside the control of Well of Radiance.

No specific result or outcome is guaranteed.

17. TERMINATION OF PARTICIPATION

Well of Radiance reserves the right to restrict or terminate participation when reasonably necessary because of:

- Serious or repeated violations of this Agreement
- Nonpayment
- Harassment or threatening behavior
- Significant disruption of the program community
- Misuse or unauthorized distribution of program materials
- Conduct that creates a substantial safety concern

When reasonably appropriate, concerns may first be addressed privately with the Participant.

Any applicable financial obligations or refund rights following termination will be handled according to this Agreement and applicable law.

18. PRIVACY

Participant information collected during enrollment will be used for reasonable purposes associated with administering the program, communicating with the Participant, processing enrollment, delivering services, maintaining appropriate business records, and complying with applicable requirements.

Enrollment in *Embodify H.E.R.* does not automatically constitute consent to receive unrelated promotional communications.

19. ELECTRONIC COMMUNICATION

The Participant understands that communication may occur through email, text messaging, Wix, Telegram, Zoom, or other electronic platforms.

Electronic communications can carry privacy and security risks.

Participants should avoid sharing highly sensitive personal information through group or community channels when a more appropriate private method of communication is available.

20. ELECTRONIC SIGNATURE & ACCEPTANCE

By checking the required acceptance boxes, typing their full legal name, applying an electronic signature, or submitting this enrollment form, the Participant acknowledges that they have reviewed and agree to the terms of this Agreement.

The Participant intends their electronic acceptance to serve as their signature to the extent permitted by applicable law.

Participants are encouraged to retain a copy of this Agreement for their records.

21. PROGRAM CHANGES

Well of Radiance may make reasonable changes to program schedules, resources, technology platforms, session formats, or methods of delivery when necessary.

Material changes affecting purchased services will be communicated to Participants as reasonably practicable.

22. GOVERNING LAW

This Agreement shall be governed by and interpreted according to the laws of the **State of Mississippi**, except where applicable law requires otherwise.

23. SEVERABILITY

If any provision of this Agreement is determined to be invalid or unenforceable, the remaining provisions will continue in effect to the extent permitted by law.

24. ENTIRE AGREEMENT

This Agreement, together with enrollment information and any service-specific consent forms or policies expressly incorporated into it, constitutes the agreement between the Participant and Well of Radiance concerning participation in ***Embody H.E.R.***

Any material modification to the Participant's enrollment terms should be documented in writing.
